

“Taste of Palliative Medicine” Course

Based on the Palliative Care Interdisciplinary Curriculum

October 31 – November 6, 2021

Schloss Arenberg, Salzburg, Austria

The Open Society Foundations’ (OSF) Public Health Program is pleased to invite you to apply to participate in a special five-day **“Taste of Palliative Medicine” Course** based on the Palliative Care Interdisciplinary Curriculum (PCIC). This course will be presented in English.

With the evolution of modern medicine in each of our countries, attention to the experience of the patient and family becomes ever more important. The early introduction of palliative care practices concurrent with strategies to manage any disease process can both improve the experience of our patients and prolong their lives. It can also help every healthcare professional achieve greater satisfaction, with less conflict.

Course Content: This course will provide participants with:

1. **An overview of Value of Early Palliative Care**
2. **Strategies to assess and manage Core Symptoms, including:**
 - Bone, Abdominal and Neuropathic Pain
 - Nausea & Vomiting
 - Constipation & Bowel Obstruction
 - Dyspnea
 - Delirium
 - Anorexia & Cachexia
3. Approaches to **Effective Communication & Decision-Making**, including how to:
 - Communicate good and bad news effectively
 - Communicate prognosis
 - Facilitate difficult decision-making, including withholding or withdrawing fluids, nutrition and antibiotics
4. **Care in the Last Hours of Life**, including:
 - Preparing for the end of life
 - Managing the dying process
5. **Personal Reflection** about your experience:
 - Caring for of patients and families living with advanced illnesses
 - **The Impact of Loss Compassion Fatigue, Burnout** on you and how to stay **Resilient**

Course Faculty: Our faculty are all leaders from both Europe and the United States of America.

Ágnes Csikós, MD, PhD, Med.Habil., Director, Institute of Primary Care, Department of Palliative Medicine, University of Pécs Medical School, Pécs, Hungary

Alyssa Tilly, MD, Assistant Professor, UNC School of Medicine, Chapel Hill, North Carolina, USA

Charles F von Gunten, MD, PhD, FAAHPM, FAACE, Editor-in-Chief, Journal of Palliative Medicine
Professor of Medicine, Ohio University, Columbus, Ohio, USA

Daniela Moşoiu, MD, PhD, Director, Education & National Development, HOSPICE Casa
Speranței, Transilvania University, Brasov, Romania

Frank D Ferris, MD, FAAHPM, FAACE (**Course Director**), Associate Program Director, Hospice &
Palliative Medicine Education, OhioHealth, Professor of Palliative and Specialty Medicine
Ohio University, and Principal, Palliative Care Interdisciplinary Curriculum, Columbus,
Ohio, USA

Shannon Y Moore, MD, MPH, FAAHPM, Palliative Medicine Consultant / Educator, Poulsbo,
Washington, USA

Course Activities: All sessions will be very interactive using polling in the large group sessions and many small-group case-based discussions.

In preparation for the course, participants will be asked to watch several video presentations online before the course begins at a website that will be set up specifically for this course. This content will help participants prepare for the small-group case-based discussions.

During the course, participants will be asked to do a lot of personal reflection about the experience of patients and families, and the care they provide. At the end of the course, each participant will present a personal reflection project that incorporates something from the arts and humanities.

Course Eligibility: Physicians interested in learning about palliative care and teams of professionals (physicians, nurses) interested in developing multidisciplinary palliative care teams in their institutions. Priority will be given to physicians and teams of two or more working in clinical settings with an interest in palliative care in Europe and Central Asia. Applicants are also welcome from other parts of the World.

The final selection of participants will be made by OSF and leading palliative care experts.

Support: All participants need to make their own travel arrangements. Travel will be covered up to a specific amount for participants from Albania € 300, Armenia € 400, Azerbaijan € 500, Belarus € 400, Bosnia and Herzegovina € 200, Bulgaria € 300, Croatia € 200, Czech Republic € 200, Estonia € 300, Georgia € 400, Hungary € 200, Kazakhstan € 700, Kosovo € 200, Kyrgyzstan € 700, Latvia € 300, Lithuania € 300, Moldova € 300, Mongolia € 800, Montenegro € 300, North Macedonia € 300, Romania € 200, Russian Federation € 400, Serbia € 200, Slovakia € 200, Slovenia € 200, Tajikistan € 700, Ukraine € 400, Uzbekistan € 700, or other European countries € 200.

For participants from other countries, travel costs will not be covered. They are the responsibility of the participant.

Accommodation at Schloss Arenberg and all meals will be provided.

Visa costs, in-country transportation costs, insurance, and per diems are not covered and are the responsibility of each participant.

Application Process: Please complete and email the application form that follows to Mary Callaway, Open Society Foundations at maryvcallaway@gmail.com with a copy to frank@pallmed.us

Deadline: Applications must be received by September 6, 2021. Selected candidates will be notified by September 10, 2021.

Salzburg Seminar, A “Taste of Palliative Medicine”

Sunday October 31 – Saturday November 06, 2021



Faculty: Ágnes Csikós, Alyssa Tilly, Charles F von Gunten, Daniela Moşoiu, Frank D Ferris (Course Director), Shannon Y Moore

	Sunday October 31	Monday November 01	Tuesday November 02	Wednesday November 03	Thursday November 04	Friday November 05	Saturday November 06
07:00 – 08:00		BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	DEPARTURES
08:00 – 10:00		8:00 – 9:30 Registration, Pre-Course Surveys	S3, Case Discussion: Pathophysiology & Management of Bone, Abdominal & Neuropathic Pain	S6, Case Discussion: Nausea & Vomiting, Constipation, Bowel Obstruction	S8, Case Discussion: Delirium Management	S11, Case Discussion: Last Hours of Living	
10:00 – 10:30		9:30 – 10:00 COFFEE BREAK	COFFEE BREAK	COFFEE BREAK	COFFEE BREAK	COFFEE BREAK	
10:30 – 12:30		10:00 – 12:30 S1, Introductions & The Value of Early Palliative Care	S4, Case Discussion: Opioid Conversions, Dyspnea	S7, Communicating Prognosis w Role Plays	S9, Difficult Decision- Making, Withholding & Withdrawing Fluids & Nutrition, Antibiotics w Role Plays	Post-Course Surveys, Finalize Reflection Projects	
12:30 – 14:00		LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
14:00 – 17:00		S2, Choosing Analgesics, Dosing Principles w Dosing Cases	S5, Communicating Effectively w Guest Patients	Free Afternoon	S10, Case Discussion: Loss, Compassion Fatigue, Burnout, Resilience	Presentation of Reflection Projects	
		16:30 – 17:00 OMI / AAF Presentation					
17:00 – 19:00	Faculty Only Meeting to Review the Week	Reflection, Work on Reflection Project	Reflection, Work on Reflection Project	Reflection, Work on Reflection Project	Reflection, Work on Reflection Project	Free Time	
						18:00 – 19:00 FAREWELL RECEPTION	
19:00 – 20:00	WELCOME RECEPTION & DINNER	DINNER	DINNER Faculty Dinner in Private Home	DINNER	DINNER	GRADUATION DINNER Certificates Awarded	
20:00 – 21:00					20:30 – 21:30 CHAMBER MUSIC CONCERT		

“Taste of Palliative Medicine” Course Faculty



Ágnes Csikós, MD, PhD, Med.Habil.

**Institute Director
University of Pecs Medical School
Institute of Primary Health Care
Department of Palliative Medicine**

**President
Pecs-Baranya Hospice Program**

Pécs, Hungary

E-mail: Agnes.Csikoska@gmail.com

Dr. Csikos graduated from Pecs University Medical School and specialized in Family Medicine and Palliative Care. She trained and worked internationally in the US, England and Spain. She is passionate about developing and improving palliative care locally and globally through clinical care, education and research.

Dr. Csikos is Director of Institute of Primary Health Care at University of Pecs Medical School. She established the first Department of Palliative Care in the country. She is an Associate Professor at the University of Pecs Medical School, where she teaches medical, nursing and pharmacy students and residents, CME participants and Ph.D. students.

Dr. Csikos initiated the establishment Pecs-Baranya Hospice Program in 2004 providing home hospice care regionally. She provides direct patient care in various clinical settings and provides palliative care consults. She leads and participates in national and international research programs. She loves to teach symptom management and pain control, psychosocial and spiritual aspects of care, and emphasizes education of the "multidisciplinary team" approach. She is committed to introduce palliative care education as an obligatory part of the medical and nursing training programs.

Other Appointments

- Board member of Worldwide Hospice Palliative Care Alliance
- Invited country representative of the EAPC Primary Care Reference Group
- President of the National Hospice-Palliative Advisory Board of the Ministry of Health
- President of the Pecs-Baranya Hospice Program
- Board member of the Hungarian Hospice-Palliative Care Association
- Board member of Hungarian Pain Society
- Member of the editorial board of the Journal of Palliative Medicine

Key Accomplishments:

Dr. Csikos was a pioneer to introduce new forms of palliative care services in Hungary.

- Institute Director of Institute of Primary Health Care at University of Pecs Medical School
- Established the Department of Hospice-Palliative Care at University of Pecs Medical School
First Hospice-Palliative care academic program in the country.
- Palliative Care Outpatient Clinic at University of Pecs Medical School, Department of Oncology
First university palliative care outpatient clinic in the country.
- Pecs-Baranya Hospice Program Quality Certification
Quality Assurance Certification ISO9001
- Initiated the World Hospice and Palliative Care Day and Fields of Dignity Programs at Pecs, Hungary
- Established Pecs-Baranya Hospice Program, providing specialized home hospice care in 71 locations in the region of Baranya County



Alyssa Tilly, MD

Assistant Professor of Medicine & Pediatrics

Palliative Care Program,

Department of Medicine

University of North Carolina (UNC)

School of Medicine

Chapel Hill, North Carolina, USA

Email: Alyssa_Tilly@med.unc.edu

Dr. Tilly is primarily interested in advancing global palliative care by developing evidence-based strategies to support the expansion and development of necessary palliative care clinical and educational services. Her research work is centered on global oncology palliative care.

Other Appointments:

- Associate Program Director, UNC Hospice and Palliative Medicine Fellowship Program
- Director of Palliative Care, UNC Project-Malawi Cancer Program

Key Accomplishments:

- Development of Global Health Scholarly Concentration for UNC Medical Students
- Development of Global Health Pathway for Internal Medicine, Pediatrics, Internal-Medicine Pediatrics Residency Programs
- Establishment of Pediatrics Track within UNC's Hospice and Palliative Medicine Fellowship
- Diversity, Equity, and Inclusion Initiatives within UNC Palliative Care Program

Education / Honors:

- Board Certified, Hospice and Palliative Medicine, American Board of Internal Medicine, 2020-present
- Fellowship in Hospice and Palliative Medicine, UNC, 2018-2019
- Board Certified, Pediatrics, American Board of Pediatrics, 2017-present
- Board Certified, Internal Medicine, American Board of Internal Medicine, 2017-present
- Internal Medicine-Pediatrics Faculty Member of the Year, UNC 2017-2018
- Chairman's Award, Department of Medicine, UNC, 2017-2018
- Chief Resident, Internal Medicine and Pediatrics Residency, UNC, 2017-2018
- Internal Medicine and Pediatrics Residency, UNC, 2013-2017
- Alpha Omega Alpha Honor Medical Society, UNC 2016
- Doctor of Medicine, University of Alabama School of Medicine, 2013
- Bachelor of Arts in Anthropology, Highest Distinction, Highest Honors, UNC, 2009



Charles F von Gunten, MD, PhD, FAAHPM

Vice President, Medical Affairs Hospice and Palliative Medicine OhioHealth

Columbus, Ohio, USA

Email: Charles.vonGunten@OhioHealth.com

Editor-in-Chief Journal of Palliative Medicine

Email: Charles@pallmed.us

Charles von Gunten is widely known as a pioneer in the new specialty of hospice and palliative medicine. Charles was the Founding Chairman, Test Committee, Hospice & Palliative Medicine, American Board of Internal Medicine on behalf of 9 member boards of the American Board of Medical Specialties. He is Editor-in-Chief of the Journal of Palliative Medicine. He received a life-time achievement award from the American Academy of Hospice and Palliative Medicine in 2011 when he was only 54 years old. When he was 56, the American Cancer Society gave him its prestigious pathfinder in palliative care award, in part for his work developing a palliative care program embedded in an NCI-designated cancer center. In 2015 he was named a top cancer doctor in Newsweek Health. He has been particularly interested in the integration of hospice and palliative care into standard medical care. He has published and spoken widely about hospice, palliative medicine, pain and symptom control.

Other Appointments

- Adjunct Professor of Medicine, The Ohio State University College of Medicine
- Adjunct Professor of Medicine, Ohio University College of Osteopathic Medicine
- Item Approval Committee, American Board of Internal Medicine, Hospice and Palliative Medicine Certification Exam

Key Accomplishments

- Early model of hospital-based palliative care at Northwestern Memorial Hospital, Chicago
- Co-principal, EPEC Project, which launched physician specialization in palliative medicine
- Provost, Institute for Palliative Medicine at San Diego Hospice
- Develop large, integrated hospice and palliative medicine Program for OhioHealth

Education / Honors

- BA, with honors, Brown University, 1978
- MD, with honors, University of Colorado, 1988
- PhD, with honors, University of Colorado, 1988
- Internal Medicine Residency, Northwestern University, 1988-1991
- Medical Oncology Fellowship, Northwestern University, 1991-1993
- Masters, Leadership of Healthcare Organizations, University of California, San Diego, 2010



Daniela Moșoiu, MD, PhD

**Director for Education &
National Development
HOSPICE Casa Sperantei
Transilvania University**

Brasov, România

Email: Daniela.Mosoiu@hospice.ro

Assoc. Prof. Daniela Mosoiu is trained as oncologist with subspecialty in palliative care. As Director for Education, National Strategy and Development at HOSPICE Casa Sperantei and leader of the Romanian palliative care movement, she supervises the educational programs, national development and advocacy work in Romania and has offered education and support for palliative care development in other 18 Central and Eastern European countries. In her role as the President of Palliative Care Advisory Commission of the Health Ministry Romania, she is working with health authorities and legislators to foster development of palliative care services and integration in the national health care system. She coordinates the master program at Transylvania University. Daniela has extensive experience and expertise in project management, research projects, nationally and internationally.

Other Appointments:

- Assoc. Professor, Transilvania University, Faculty of Medicine, Coordinator of Palliative Care Master Program
- President of Palliative Care Advisory Commission of the Health Ministry Romania
- National Coordinator of Palliative Care Subspecialty Program for Physicians
- Palliative Care Expert at National Authority for Health Quality Management
- Member of the EAPC Board (from 2015)
- Member of National Palliative Care Association Board

Key Accomplishments:

- Audience Award for Best Medical Communicator, Gala Medica Bucharest, 2013
- II Prize for special involvement in the didactic activity, Health Gala Bucharest, 2011
- Founding member and honorary director of World-Wide Palliative Care Alliance, representing East Europe (2005-2012)
- Member of Editorial Board of the European Journal of Palliative Care, Paliatia.ro and Oncolog-Hematalog.ro

Education / Honors:

- Leadership Training, Institute for Palliative Medicine at San Diego Hospice, San Diego, CA, USA (2011)
- PhD Degree, University of Medicine and Pharmacy, Cluj Napoca / Romania (2009)
- Oncology Consultant Physician, Health Ministry Romania (2005)
- National lecturer for Palliative Care Subspecialty Program, Health Ministry Romania (2000)
- Palliative Care Subspecialty, Health Ministry Romania (2000)
- Oncology Specialist Physician (1995)
- Medical Degree, University of Medicine and Pharmacy, Cluj Napoca / Romania (1991)



Frank D Ferris, MD, FAAHPM (Course Director)

**Associate Program Director,
Hospice & Palliative Medicine Education,
OhioHealth**

Columbus, Ohio, USA

Email: Frank@pallmed.us

Dr. Ferris is particularly interested in strategies to grow palliative care clinicians and leaders, and advance palliative care globally. He has published and spoken widely on many palliative care subjects, including effective approaches to caring for patients and families, education and program implementation.

Other Appointments:

- Clinical Professor of Hospice and Palliative Care, Department of Specialty Medicine, Ohio University College of Osteopathic Medicine, Athens, Ohio
- Adjunct Assistant Professor of Medicine, Ohio State University College of Medicine, Columbus, Ohio
- Chair, International Education Steering Group, American Society of Clinical Oncology, Alexandria, Virginia 2020-2021
- Chair, Education Council, American Society of Clinical Oncology, Alexandria, Virginia 2019-2020

Key Accomplishments:

- Principal of Palliative Care Interdisciplinary Curriculum (PCIC) and PALLMED.us
- Principal of International Leadership Development Initiative & International Palliative Medicine Fellowship Program
- Fellow and Past President, American Association for Cancer Education (FAACE), 2010
- Coprincipal and Author / Editor, Education on Palliative and End-of-life Care (EPEC) and EPEC-Oncology Projects
- Author / Editor, *A Model to Guide Hospice Palliative Care: based on National Principles and Norms of Practice*, Canadian Hospice Palliative Care Association (CHPCA) for which he was awarded a Golden Jubilee Medal of Her Majesty Queen Elizabeth II by the Governor General of Canada, May 2003, and a National Leadership Award by CHPCA in September 2005

Education / Honors:

- AAHPM Visionary, American Academy of Hospice and Palliative Medicine, March 2018
- Doctoris Honoris Causa Degree from Tbilisi State University, February 2011.
- Fellow, American Academy of Hospice and Palliative Medicine (FAAHPM), 2008
- Faculty Scholar, Project on Death in America, 1998-2000
- Board Certified, American Board of Hospice and Palliative Medicine, 1998-2013
- Fellowship, Pain and Symptom Management, Toronto-Sunnybrook Regional Cancer Centre, 1987-1991
- Postgraduate training, Internal Medicine and Radiation Oncology, University of Toronto, 1981-1987
- Medical Degree, McMaster Medical School, Hamilton, Ontario, 1981



Shannon Y Moore, MD, MPH, FAAHPM

Palliative Medicine Consultant / Educator

Poulsbo, Washington, USA

Email: Shamoo.4311@gmail.com

Dr. Moore loves sharing her passion for holistic personalized care best exemplified in the practice of Palliative Medicine. She is well supported by training in Internal Medicine, Critical Care Medicine, Tropical Medicine, Spiritual Psychology as well as teaching domestically and globally.

Other Appointments:

- Clinical Lead, Palliative Medicine/Supportive Care, Long Beach Mem Med Center 2015 - 2018
- Consultant, Ebola Treatment Unit, Liberia, International Rescue Committee 2014
- Assistant Director, International Programs; Institute for Palliative Medicine 2007 - 2013
- Clinical Medical Director, Fellowship Faculty IPM, San Diego CA 2007 - 2013

Key Accomplishments:

- Co-Principal, International Palliative Care Leadership Development Initiative
- Faculty and Mentor International Palliative Medicine Fellowship Program

Education / Honors:

- Fellow, American Academy of Hospice and Palliative Medicine (FAAHPM) 2014
- Master of Arts, Spiritual Psychology University of Santa Monica 2013
- Fellowship, Hospice and Palliative Medicine, Institute for Palliative Medicine at San Diego Hospice
- Residency/Fellowship Internal Med/Critical Care, Cedar Sinai/UCLA Los Angeles 1991-1996
- Board Certified: American Board of Hospice and Palliative Medicine 2018
 - American Board of Internal Medicine 2014
 - Critical Care Medicine 1997
- Doctorate of Medicine Tulane University School of Medicine 1991
- Master of Public Health and Tropical Medicine, Tulane University School of Medicine 1991
- Bachelor of Science Degree, Nursing; Mt St Mary's College, Los Angeles 1979

Application for the 2021 OMI Seminar on Taste of Palliative Medicine

Be sure to save the application form in the following format:

Last Name_First Name_Seminar_Year (e.g. Mustermann_Max_Pathology_2021)

Additional Materials:

- CV (Curriculum Vitae)
- Profile Photo
- Medical Certificates/ Diploma
- Medical License
- List of Publications

Please complete and email the application form and send it to:

maryvcallaway@gmail.com, with a copy to frank@pallmed.us

Academic Degree (e.g. MD, PhD): _____

Last Name: _____ First Name: _____

Date of Birth: _____ Sex: _____

Passport Number: _____ English Skills: _____

Home Street: _____

Home City: _____ Home Zip Code: _____

Home Country: _____ Phone: _____

Email: _____

Medical Specialty: _____ Medical Subspecialty: _____

Medical License Number: _____ Medical License Issue Date: _____

Number of Publications (Total): _____ Number of Publications (English): _____

APPLICATION FORM

Academic Position: _____ Professional Position: _____
Institution: _____ Department: _____
Work Street: _____
Work City: _____ Work Zip Code: _____
Work Country: _____

By my signature I hereby agree that my personal data as stated above as well as any photographs, videos and other recordings taken during the ongoing course may be used for managing the programs of the AAF/OMI according to the General Data Protection of the European Union as well as its correspondent legislation in the United States of America respectively.

- X I give my consent that these data may be stored both electronically and on paper for as long as is necessary for the correct management of the AAF/OMI programs. I acknowledge that my data will be processed by the American Austrian Foundation Inc. (150 East 42nd Street, 29th Floor, New York, NY 10017, USA), the Salzburg Stiftung der American Austrian Foundation (Arenbergstrasse 10, 5020 Salzburg, Austria), the Schloss Arenberg gem. Betriebsges. m. b. H. (Arenbergstrasse 10, 5020 Salzburg, Austria) and the Verein der Freunde der American Austrian Foundation (Palais Todesco, Kaerntner Strasse 51, 1010 Vienna, Austria). I further acknowledge that this consent is given voluntarily and may be withdrawn at any time. Should I ascertain or believe that my data are processed at variance with protection of my private and personal life or at variance with the law, I may request to provide an explanation or claim my data to be blocked, corrected, supplemented or altogether destroyed. Details to our policies can be found at www.aaf-online.org/privacy and www.openmedicalinstitute.org/privacy

Place and Date

Signature